

## FIND THE HERO IN YOU! BLOOD DRIVE AT SVAR MARCH 15TH

To make an appointment go to [www.BloodHero.com](http://www.BloodHero.com) (Sponsor Code: SVAR)

Find the  
**hero**  
in you.

**Celebrating**

### *Sedona Verde Valley Association of REALTORS® Blood Drive In Honor of Charlene Day*

On Monday, October 23rd 2017, I visited my local doctor because I thought I was having heart problems. My symptoms included shaky, weak legs, and discomfort in my chest. The doctor sent me for a chest x-ray and a carotid artery ultrasound, which I passed. Tuesday morning I had a stress test of which I could only complete 3 min 54 seconds out of 9 minutes. I was then sent for a femoral catheter for Wednesday morning, which showed my heart to be "great", per the doctor. While in the catheterization lab, my bloodwork came back with my CBC showing 4.4 (this is extremely low). I was transported directly by ambulance to John C Lincoln Hospital in Phoenix where I received two units of blood that night and one more the next morning. I had a CT scan on Thursday and a bone marrow biopsy on Friday. The outcome was positive for MDS, Myelodysplastic Syndrome, a cancer of the blood.

I started chemotherapy on November 13th and have completed a total of 3 rounds, of 5 days of chemo, three weeks off. I begin my fourth round on February 5th and on February 12th. I will have another bone marrow biopsy to make sure the chemotherapy is doing what it is supposed to, and to see if I am eligible to receive a bone marrow transplant. The only cure for MDS is a Bone Marrow Transplant. I receive transfusions of blood and/or platelets weekly. I lost count of how many units of blood I have received since October. I feel remorseful that I never donated blood. If I had it to do over, I would have started donating a long time ago. Char Day

Thursday, March 15, 2018

10:00 am ~ 3:00 pm

Sedona Verde Valley Association of REALTORS® -  
859 Cove Pkwy., Cottonwood

To make an appointment, call 1-877-UBS-HERO (827-4376)  
or visit [www.BloodHero.com](http://www.BloodHero.com) (Sponsor Code: SVAR).



**Give blood 3 times a year!**  
1-877-UBS-HERO (827-4376)  
[www.UnitedBloodServicesAZ.org](http://www.UnitedBloodServicesAZ.org)



**United Blood Services**  
Find the hero in you.